

### Interland 2024 - Bulletin 2

### Interland

- o Date and timings: 24 March 2024, 0930 first start
- o Event centre: Habay-la-Neuve Rue des Carrosses 15, B-6720
- o Classes: W&M14 / W&M17 / W&M20 / W&M Open / W&M40+ / W&M50+ / W&M60+
- Terrain: Mainly deciduous (85%) with generally good runnability and a track and path network.
  Relief: several valleys. Many point features, some more distinct than others. See map vignettes.
- Map: Habay-la-Neuve Edition: 2024(!); Scale: 1:10000 (17s-40s) and 1:7500 (14s, 50s and 60s) (tbc) v.i: 5m
- o Parking to event centre: 100-500m
- o Event centre to Start: 1200m
- Punching system: Sportident (Air)
- o Jury: Camille Moulière (France), Jan Sliva (Luxembourg) and Dirk Goossens (OV)
- o **Team Entries:** (including reserves and accompanying persons) by team managers
- o Individual entries possible (same classes + green) €8 adults / €5 for juniors: via OPunch: https://www.opunch.org/in/event/2645
- o On-the-day entry is possible for the SE-LE-SD-LD courses €10 for adults/ €7 for juniors







# **Saturday Race/Training**

- o Date and time: 23 March 2024, 1300-1600 starts
- Event centre: Carrefour "Croix Rouge" B-6740 Etalle on N879/N87 junction
- Courses: 1 = Long & Technical 7-8km / 2 = Short & Technical 4-5km / 3 = Beginner 3km (not timed) / 4 = Medium technically 3-4km
- o Team entries, reservists and accompanying persons: by team managers
- Individual entries possible: https://www.opunch.org/in/event/2663
- o Price: €4 for adults / €3 juniors (<=W/M20) (+€0.50 for non-affiliated)

### Accommodation and meals

- Accommodation (rooms of 4 and 6, Friday and Saturday (€75), or just Saturday (€55)) at the "Adeps du Lac" Sports Centre B-6840 Neufchâteau or at the "Adeps du Liry" Sports Centre B-6810 Chiny
- Meals from Friday dinner or Saturday dinner to Sunday lunch (plus lunch packet(s))
  - o Depending on the team entries, FRSO will allocate teams to centres
  - o Bed linen is provided but NB not towels
- Reservations: via the team entry form

## Registration and payment

16 February 2024: Deadline for the team entry form

27 February 2024: Deadline for payment to FRSO account